



21 OCTOBER 2026

WEDNESDAY MARKET DAY

VALID 21/10/2026 ONLY



WHOLE RED
CABBAGE
EA

R 11⁰⁰



CAULIFLOWER
PUN.

R 23⁰⁰



RED
PEACHES
PUN.

R 24⁰⁰



BROCCOLI
PUN.

R 23⁰⁰



ONIONS
7KG

R 125⁰⁰



STRAWBERRIES
250G

R 33⁰⁰



CARROTS
1KG

R 10⁰⁰



BEETROOT
1KG

R 10⁰⁰



AVOCADO
PUN.

R 23⁰⁰



LETTUCE
EA

R 14⁰⁰



CUCUMBERS
EA

R 11⁰⁰



CABBAGE
EA

R 16⁰⁰



WEDNESDAY MARKET DAY

VALID 21/10/2026 ONLY



OREO
CAKE SLICE
EA
R 15⁰⁰



CHEESE
ROLLS
4'S
R 25⁰⁰



LARGE
MILK TART
EA
R 30⁰⁰



HOT & SPICY
DRUMETTES
P/100G
R 10⁰⁰



FRIED
HAKE
P/100G
R 16⁰⁰



BEEF
CHUCK
P/KG
R 94⁰⁰



NYAMA
SUPREME WORS
2KG
R 120⁰⁰



BOMBAY
MUTTON
SAUSAGES P/KG
R 120⁰⁰



MUTTON
BULK
P/KG
R 130⁰⁰