



WEDNESDAY MARKET DAY

VALID 30/09/2026 ONLY



TRU CAPE
FUJI APPLES
1.5KG

R 20⁰⁰



PINEAPPLES
EA

R 9⁰⁰



DFC MIXED
LEAF SALAD
150G

R 7⁰⁰



CABBAGE
HALF

R 8⁰⁰



SWEET C
NAARTJIES
HALF TRAY

R 28⁰⁰



GREEN
MANGOES
1KG

R 20⁰⁰



CARROTS
5KG

R 35⁰⁰



BEETROOT
5KG

R 45⁰⁰



ONIONS
1KG

R 25⁰⁰



BLUEBERRIES
PUN.

R 17⁰⁰



ZZ2 GREEN
PEPPERS
POLYBAG

R 20⁰⁰



STRAWBERRIES
250G

R 26⁰⁰



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LEMON &
CONDENSED MILK
CAKE SLICE EA

R 15⁰⁰



4 FOR
CREAM
PUFFS

R 20⁰⁰



CHEESE &
MUSHROOM
BREAD EA

R 30⁰⁰



PIZZA
LARGE

R 65⁰⁰



CHICKEN
BREYANI
P/100G

R 13⁰⁰



BEEF
CHUCK
P/KG

R 93⁰⁰



STEWING
BEEF
P/KG

R 92⁰⁰



BEEF
FOREQUARTERS
PACK P/KG

R 110⁰⁰



REGULAR
BEEF MINCE
P/KG

R 99⁰⁰