



05 AUG 2026

WEDNESDAY MARKET DAY

VALID 05/08/2026 ONLY



GREEN
PEPPER
1KG
R **22⁰⁰**



ORANGES
7KG
R **32⁰⁰**



CARROTS
1KG
R **12⁰⁰**



PINEAPPLE
EA
R **14⁰⁰**



GOLDEN
DELICIOUS
APPLES 1.5KG
R **22⁰⁰**



POTATOES
10KG
R **90⁰⁰**



CUCUMBERS
EA
R **14⁰⁰**



MADUMBES
1KG
R **20⁰⁰**



NAARTJIES
HALF TRAY
R **26⁰⁰**



PAW PAW
PUN.
R **22⁰⁰**



ONIONS
1KG
R **20⁰⁰**



WHITE
SEEDLESS
GRAPES PUN.
R **40⁰⁰**



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CHEESE &
MUSHROOM
BREAD EA
R 30⁰⁰



MILK
TART
LARGE EA
R 30⁰⁰



4 FOR
RASPBERRY
PILLOWS
R 20⁰⁰



CHICKEN
BREYANI
P/100G
R 12⁰⁰



SWEET &
SOUR WINGS
P/100G
R 14⁰⁰



AHEERS
WORS
P/KG
R 105⁰⁰



MUTTON
BULK
P/KG
R 130⁰⁰



RUMP
P/KG
R 160⁰⁰



GROUND
BEEF MINCE
P/KG
R 89⁰⁰